



Warwickshire County Athletics Association

THE BEAR – MARCH 2008 ISSUE 02/2008

- 1 Pleasant news
Alison Mills of Nuneaton Harriers AC has agreed to serve as Warwickshire County AA Secretary. Her contact details are:-
Mrs. Alison Mills
49, Merlin Avenue
Nuneaton
Warwickshire
CV10 9JY
Telephone 02476 396 366
E-mail Craigali83@aol.com
- 2 Still Looking
There have been NO OFFERS to date to compile and edit the “Bear”. Only issue 3 (April/May) can therefore be guaranteed. If you would like to take on the “Bear” please contact Ray Morgan (Chairman WCAA 01926 330667) for details.
- 3 General Meeting of the Association
Alison’s appointment will be confirmed at the next GENERAL MEETING of the Association on 16th APRIL at RSCAC CLUBHOUSE at 7.30p.m. Please take this as the formal notice of that meeting.
- 4 Just around the corner – Inter Counties Cross Country Championship
The Championship is on Saturday 15th March at Wollaton Park, Nottingham. The Warwickshire teams are posted on the Website (www.WarwickshireCountyAA.co.uk) and we look to our teams to put in a spirited performance and do themselves and the County justice. The main contact for this event is the County Team Managers Coordinator, Becky Freeman (0121 745 9948), who can put you in touch with individual team managers if necessary.
- 5 Congratulations are due:-
To LEE CAREY, Junior Mens Champion at the English Cross Country Championship over the undulations close by Alton Towers, and to another Nuneaton Harrier, DANNY MILLS, the silver medalist in the U15 Boys race.
Also to three young women athletes, ROWENA COLE, (Coventry Godiva), EJIRO OKORO (Birchfield) and CLAIRE TARPLEE (Solihull and Small Heath) selected in a squad of fifteen to be On Camp with Kelly (Holmes) from April 1st to 10th .

6 Warwickshire Road Relays
There is no event this year but we would like your reactions to determine if this should be a temporary or permanent policy decision. Ray Morgan or Richard Carney (WCAA Promotions Sec 0121 747 3582) would like your feedback before or at the next General Meeting in April.

7 Track and Field Championships
The Championships will be combined with those of Leicestershire and Rutland and Northamptonshire on Sat/Sun May 10th/11th at Saffron Lane, Leicester.
A lot of preparatory work has gone into this event and forms and details are posted on the dedicated website www.3CountyAthletics.co.uk

NO MORE REMINDERS OF THE CLOSING DATE FOR ENTRIES

– **WEDNESDAY 9th APRIL which is barely a month away.**

The County 3k Track Championship for U17 men and Women will be held during the Rowheath Open Meeting on Monday 5th May

8 2008 Dates

GENERAL MEETINGS of the Association

General Meeting	Wednesday 16 th April at RSCAC Club house.
AGM	Wednesday 26 th November at Coventry Godiva HQ.

DEVELOPMENT FORUMS

Wednesday 9th April CSW (Coventry, Solihull, Warwickshire) at Leamington
Wednesday 16th April Birmingham at Sandwell

FIXTURES

Saturday 8th March, Inter County Race Walking Champs at Leamington
Saturday 15th March Inter Counties Cross Country Champs at Nottingham
Sat/Sun 10th/11th May County Track and Field Champs at Leicester
Sun/Mon 25th/26th May Inter Counties Senior Track and Field Champs at Bedford
Sun 13th September Inter Counties U13/U15 Track and Field match at Hull

ROAD CHAMPS

Sunday 27th April Half Marathon at Stratford
Sunday 1st June 10k and Inter Counties 10k at Northbrook, Coventry
Wednesday 25th June 5 miles at Fen End, Coventry
Thursday 10th July 5k at Rowheath, Birmingham.
Sunday 9th November 10 miles at Draycote Water, Rugby.

A fairly comprehensive list of Road Events in Warwickshire (and close by) is attached to this issue. If you have any details of other events please let us know so that they can be published in the next "Bear".

9 Three interesting innovations for 2008

The Marathon Tour of Coventry and Warwickshire to celebrate the Centenary of the first Marathon held in this country. One of our most respected promoters, COLIN KIRKHAM, (Coventry Godiva Harriers) is going to stage a very interesting five race series in the late spring which in aggregate constitutes 26.2 miles. There is a ceiling of 150 entries and the event should be very interesting.

MCAA, The East Midlands Region of EA and the West Midlands Region of EA have combined forces to raise the profile of some Open Track and Field Meetings and to raise the regional sprints standards by promoting some sprint Grand Prixes for U20 and Senior athletes over 100m, 200m and 400m. Birmingham Rowheath (5th May), Coventry (28th May), Worcester, Loughborough, Derby and Corby will share in a new series which will lead to Finals at the Birmingham Games at Alexander Stadium on 20th July.

The CSW Forum is close to finalising an U11 League. There will be two divisions with three fixtures each. This League is innovative in that Clubs can enter as many athletes as they wish and each athlete will do three events per meeting. More details to follow.

10 Officials - from Margery Ewington (02476 314990).

Confirmation of training courses as follows (all to be held at Alexander Stadium)

Sat 26th April Level One

Sat 12th April Level Two - all disciplines

Sat 26th April Level Three

Application forms for all levels are

on the West Midlands Region website at www.EnglandAthletics.org/West-Midlands
or from Leonie Lightfoot 07824-302935 or L.Lightfoot@EnglandAthletics.org

11 Track 10k

The Leicestershire and Rutland and Northamptonshire track 10k Championships are being held at Saffron Lane, Leicester on Thursday 1st May at 8.00p.m.

The event is open to Warwickshire athletes too.

12 Warwickshire Road Race League

The County Association has given the Warwickshire Road Race League a grant so that with effect from 2008 affiliation to the League is free and automatic for every Club and organisation which is affiliated to WCAA. The League is an excellent collection of road races and the League aspect provides an extra motivation and incentive for taking part. You can see more details of the fixtures on the County web site and on the list attached to this news letter.

**We have a wide distribution but we cannot reach everybody.
So, please copy, distribute and display in your Club.**

Keep following 'THE BEAR'.

www.WarwickshireCountyAA.co.uk

2008 Road Fixtures in and around Warwickshire.

WCC indicates a Warwickshire CAA Championship event. These are also part of the Warwickshire Road Race League.

WRRL indicates a Warwickshire Road Race League event.

EMGP indicates part of East Midlands Grand Prix Series.

Sun 23 rd March	Massey Ferguson 5 miles	Warwick University	
Sun 30 th March	Draycote 5 miles	Rugby	
Sat 5 th April	Midland Relays	Sutton Park	
Sun 6 th April	Centurion Grand Prix	Chelmsley Wood	
Sun 6 th April	Regency 10k	Leamington Spa	
Sun 13 th April	London Marathon		
Sat 26 th April	National 12/6 stage Relays	Sutton Park	
Sun 27 th April	Coventry "Marathon" series 5 miles		
	Series continues on 2 nd , 3 rd , 4 th , 5 th May to add up to 26.2 miles		
Sun 27 th April	Midlands Lung Run 10k	Sutton Park	
Sun 27 th April	Shakespeare Half/Marathon	Stratford Upon Avon	WCC
Sun 27 th April	Lady Godiva 5 miles	Coventry Memorial Park	
Sat 3 rd May	Black Prince 10k	Packington Park	
Sun 4 th May	Stratford Family Fun Run		
Sun 4 th May	Lord Leofric 10k	Fen End	
Tues 6 th May	Silverstone 10k		EMGP
Wed 14 th May	Rugby 6 miles		EMGP
Sun 18 th May	Hilly 100 (10 by 10 miles relay)	Stratford	
Wed 21 st May	Bedford 6 miles		EMGP
Wed 28 th May	Corby 5 miles		EMGP
Sun 1 st June	Northbrook 10k	Coventry	WCC
	(Incorporating Inter County Championships)		
Tues 3 rd June	Weedon 10k		EMGP
Sun 8 th June	Two Castles 10k	Warwick/Kenilworth	
Tues 10 th June	Banbury 5 miles		EMGP
Thurs 12 th June	Rowheath 5k		
Tues 17 th June	Harborough 5 miles		EMGP
Wed 25 th June	Coventry Godiva Midsummer 5 miles	Fen End	WCC
Tues 1 st July	Milton Keynes 10k		EMGP
Sat 5 th July	Stratford Summer 6		WRRL
Thurs 10 th July	Rowheath 5k		WCC
Thurs 14 th Aug	Rowheath 5k		
Fri 29 th Aug	Autumnal 5 miles	Coventry	WRRL
Sun 14 th Sept	Nuneaton 10 miles		WRRL
Sun 5 th Oct	Kenilworth Half Marathon		WRRL
Sun 12 th Oct TBC	Birmingham University 5k		
Sun 19 th Oct	Coventry Half Marathon		
Sun 2 nd Nov	Centurion GP Series	Chelmsley Wood	
Sun 9 th Nov	Rugby 10 miles	Draycote Water	WCC
Sun 7 th Dec	Centurion GP Series	Chelmsley Wood	
2009			
Thurs 1 st Jan	Coventry New Year 5 miles		
Sun 4 th Jan	Centurion GP Series	Chelmsley Wood	