



# Warwickshire County Athletics Association

## THE BEAR –MARCH 2009 ISSUE 02/2009

### • **ASSOCIATION MATTERS**

- The post of Hon Secretary is still **unfilled**. Do you know of anyone who might be prepared to take on this role?
- There are **NO** general meetings scheduled for 2009 but regular feedback will be maintained via “the Bear”, e-mails and our website.
- The 2009 AGM will be on Wednesday 25<sup>th</sup> November.
- The next Officers’ meeting is on Wednesday 8<sup>th</sup> April.

### 1. CROSS COUNTRY CHAMPIONSHIPS, NATIONAL AND INTER-COUNTIES 2009

The culmination of the Senior cross country season saw some excellent performances for County athletes. Pride of place goes to Paul Thompson who won the U17 event in the Inter-counties event at Nottingham. Good support from his teammates: Danny Mills, Jack Mee and Ed Stiles gave them 3<sup>rd</sup> place in the team event. The U17 Women packed well for 5<sup>th</sup> place with Rowena Cole in 12<sup>th</sup>, and the U17 boys also finished 5<sup>th</sup>

Other top 20 finishers were:

Phil Hinch 16<sup>th</sup> SM, Laura Kenney 8<sup>th</sup> SW,

U15 Boys, Luke Scarr 10<sup>th</sup>, Matthew Rose 16<sup>th</sup> and Michael McKeown 17<sup>th</sup>.

Thank you to all the athletes who represented Warwickshire and to Becky Freeman and her team of Managers who supported the teams so well.

ENGLISH SCHOOLS. Congratulations to Michael McKeown first in the Junior boys, Paul Thompson 2<sup>nd</sup> Senior Boys and Danny Mills 3<sup>rd</sup> Inter boys.

Cofton Park is a superb piece of terrain for Cross-Country, but where would you like the 2010 Championships to be held? Let us know.

### 1. 2009 TRACK AND FIELD CHAMPIONSHIP

The cross country season has not finished yet but the track season is already upon us. The County Championships will be held at Saffron Lane, Leicester on 9<sup>th</sup> and 10<sup>th</sup> May. You can see full details including a prospectus and directions to the track on [www.3CountyAthletics.co.uk](http://www.3CountyAthletics.co.uk) You can get a paper entry form from that web site (closing date 8<sup>th</sup> April) but it is 50p per event cheaper if you enter on line and the closing date is a week later (15<sup>th</sup> April).

### 2. 2009 WCAA ROAD RACE CHAMPIONSHIPS

Sunday 26<sup>th</sup> April                      Half Marathon at Stratford

Monday 4<sup>th</sup> May                        Coventry May Day 5 miles

Sunday 7<sup>th</sup> June                        Two Castles 10k from Warwick to Kenilworth

Thursday 9<sup>th</sup> July                      Birmingham Rowheath 5k

Sept/Oct (tbc)                         Nuneaton 10 miles

2. REORGANISATION OF EA AND ITS REGIONS.

Chris Mallender has been appointed as Team Leader of the Midlands/ South West tri-region. Chris was latterly manager of the East Midlands Region.

3. CRB checks

UK Athletics are requesting all those who come into contact with young athletes during athletic activity to obtain or renew their CRB checks. Your Club should have a welfare Officer or somebody who looks after the CRB process who can advise you what to do.

4. DEVELOPMENT FORUMs

Leonie Lightfoot of EA has submitted the CSW Forum's application to become a Development Network to the next stage – so far so good.

[www.quadkids.org.uk](http://www.quadkids.org.uk) describes the new England Athletics scheme for introducing athletics to the U11 age group as a positive experience. Team managers of the teams in the CSW U11 League will hear more about this at the next meeting (details to follow).

5. INTER COUNTY TRACK and FIELD MATCH

The Senior Match is once again at Bedford over the May bank holiday. If you would like to be considered for the team you should make Becky Freeman (the Team Manager) aware on 0121 745 9948 or [rfreeman276@yahoo.com](mailto:rfreeman276@yahoo.com).

Nuneaton Harriers play hosts (on behalf of the County) for the U13/U15 Inter County match on Saturday September 12<sup>th</sup>. If you want to be considered for the team you should make John Nash (the Team Manager) aware on 01926 421563 or [johnnash@email.com](mailto:johnnash@email.com) and keep him informed of your progress.

6. OFFICIALS' COURSE.

A Level 2 Officials' Course is being held at Alexander Stadium on Sunday 29<sup>th</sup> March from 10.00 until 16.00. Four areas are being covered Track, Timekeeping, Starter/Marksman and Field. Cost is £10, Registration Form is available at [englandathletics.org](http://englandathletics.org) - click on officials.

7. SOME FURTHER DATES FOR YOUR 2009 DIARY.

CSW Development Forum meetings: 17<sup>th</sup> June, 7<sup>th</sup> October

29 <sup>th</sup> March	Draycote 5 miles, Draycote Reservoir near Rugby
30 <sup>th</sup> March	Warwickshire Road Race League AGM Godiva clubhouse 20.00.
4 <sup>th</sup> April	Inter Counties Road Race Walking Championships Warwick University
4 <sup>th</sup> May	WCAA U17 3000m Championships at Birmingham Rowheath
9 <sup>th</sup> / 10 <sup>th</sup> May	WCAA Track and Field Championships at Saffron Lane, Leicester
17 <sup>th</sup> May	Whitnash Carnival 3 miles 12 noon Acre Close Playing Field.
24 <sup>th</sup> /25 <sup>th</sup> May	CAU Inter Counties Senior track and field match at Bedford.

8. COLIN KIRKHAM

**Colin Kirkham** has promoted road races for Godiva for the past 12 years. These have given pleasure and pain to hundreds of athletes. Colin has decided to take a break from promoting, and his last event will be on 4<sup>th</sup> May in The Memorial Park, Coventry. It would be a fitting thank you to Colin and his family if this race had a bumper turn out.

**We have a wide distribution but we cannot reach everybody.  
So, please copy, distribute and display in your Club.**

**Keep following 'THE BEAR'.**

**[www.WarwickshireCountyAA.co.uk](http://www.WarwickshireCountyAA.co.uk)**