



Warwickshire County Athletics Association
THE BEAR DECEMBER 2011
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Editor Keith Richards

1 AGM TIME.

The AGM's of both Warwickshire County AA and the Warwickshire Road Running League in November. After 6 years as Chairman of the County organization Ray Morgan decided to step down. He has led the County superbly throughout this period developing among other ventures, Championships shared with Leicestershire and Worcestershire, and the links with and fostering the CSW network.

We welcome Rebecca Freeman as the new Chairman. Rebecca has moved to a new post in the Midlands and we look forward to her leadership of and involvement in County affairs.

Stewart Barnes is also relinquishing his hold on the financial well-being of the County and will be succeeded in January by Jeremy Easthaugh. Thanks are you Stewart for your fiscal management and in leaving the finances in good order.

WRRL: Geoff Wheeler was re-elected as Chairman. In the first year of the League being part of the County Geoff gave an upbeat report and paid tribute to Sean Lonergan and team for the new online scoring system which had given an impetus to the League both in interest and participation. The meeting agreed to increase the races included for 2012 from 9 to 10.

2 COACHING / OFFICIALS COURSES.

14/15 Jan 2012 Coaching Assistant Alexander Stadium £175/£130.

28/29 Jan 2012 Athletics Coach Alexander Stadium £365/325.

28/29 Jan 2012 Coach in Running Fitness King Henry VIII School Coventry, £365.

18/01 Jan 2012 Health and Safety for Officials Newcastle A C Clubhouse, Staffordshire £10.

3 COUNTY CHAMPIONSHIPS 2012.

The County Cross Country Championships will be held at Malvern Hall Park, Solihull on Saturday 07 January. Our thanks are due to Knowle and Dorridge A C and Solihull MBC for the staging of the event over a new course.

The Men's 10k and Womens 5k Road Walking Championships will be held on 12 February at the University of Warwick Business Park and based at the new Coventry Godiva Clubhouse.

Details will be issued in early January 2012.

4 CAU TRACK AND FIELD CHAMPIONSHIPS.

Here is a reminder that the 2012 event will be held on 25/26 August, at Bedford.

5 AWARDS TIME.

It is good to see so many athletes and officials recognized for their performances in 2011 in the case of Officials over many years.

Ken Matthews, Olympic Gold medalist in the 50k walk in the 1964 Games was inducted into the England Athletics Hall of Fame, and has been elected as President of the Race Walking Association for the next Olympic year.

Graham Heeley of Sparkhill Harriers since he was 10 was given a Lifetime Achievement Award by England Athletics. In 2012 Graham will be referee for the Olympic Marathons and Race Walks.

Charlie Kelly (Godiva) was given the Lifetime Achievement Award by Coventry, Solihull and Warwickshire Network. Godiva athletes Rowena Cole, Danielle Stewart and Julie Emmerson were also honored by CSW.

Our retiring Chairman Ray Morgan was given a Community Achievement award by Warwick District Council.

Nathan Woodward was handed the Ellis Trophy and keepsake for his performances in 2011, recognizing him as the best athlete qualified for the County, and we wish him well for 2012.

6 ROAD RELAYS.

Midlands 24/9: Men 3) Godiva 1.50.55 4) Birchfield 1.51.12 6) Godiva B 1.54.01 8) BRAT 1.54.20. U17 2) Godiva 37.30 6) Birchfield 39.42. 5th fastest M McKeown. U15 4) Godiva 41.36 U13 3) Godiva 45.45. **Women:** 2) Birchfield 62.33 8) Birchfield B 46.11. U17 3) Godiva 45.05 4) Birchfield 46.11 7) Stratford 49.03 6th fastest Naomi Richardson 14.48.

U15 3) Godiva 46.11 fastest Sian Rainsley 14.13. U13 1) Birchfield 45.28 3) SSH 47.16.

National 15/10: Men 4) Birchfield 1.45.22 19) Godiva 1.49.45 U17 7) Godiva 37.20 9th fastest M McKeown 12.09 U15 8) Birchfield 39.56. U13 13) Godiva 45.02. Women 4) Birchfield 59.07 16) Godiva 63.40 U17 8) RSC 43.47 U15 11) Godiva 45.24 2nd fastest Sian Rainsley 13.39. U13 6) Birchfield 45.31 11) SSH 46.35.

7 ROAD RACES.

BUPA Great Birmingham Run half Marathon: 12 Paul Thompson 68.09 21 Richard Simkiss 72.01, Teams, 1) BRAT 2) Bourneville 4) Birchfield 8) Knowle and Dorridge.

8 ENGLISH SCHOOLS 2011 CROSS COUNTRY CUP at PRINCETHORPE COLLEGE.

Inter Boys 5) Charlie Davies Aylesford School and Leamington CandAC.

9 WRRL RESULTS.

To see the full results of each race and the cumulative position at the end of the season look at the excellent League results web pages set up by Mike Ellis, Sean Lonergan and Richard Carney. Link through from the County web site www.warwickshirecountyAA.co.uk or go direct to http://www.warwickshirecountyaa.co.uk/wrrl_site/index.htm (should be lower case)

10 MIDLAND CROSS-COUNTRY RELAYS .

Men: 3) Godiva 79.12 9) Sphinx 87.36 10) Rugby and Northampton 88.10. 5th fastest James Griggs. Women 1) Birchfield 2) Rugby and Northampton 4) Stratford 6th fastest Emily Waugh.

11 MORE RESULTS.

James Walsh had a great run in Slovenia in the European Cross-Country championships on 11/12 finishing 15th and 3rd GB and NI. Congratulations to double Olympian Sheila Carey for regularly recording the best age –related time in the countrywide 5k Park Runs.

12 FIXTURES.

28 December Massey Ferguson Pace Race 3.55miles 11.00 Coventry War Memorial Park.
masseyrunners.co.uk

02 January 2012 Godiva New Year 5 Godiva Clubhouse Start 11.00 coventry-godiva-
harriers.org.uk

07 January County Cross-country Championships Malvern Hall Country Park Solihull.

14 January Birmingham League and Midland Women's League, various venues.

28 January Midland Cross-Country Championships Woolaton Park Nottingham.

03 March West Midlands Region (UKA region not schools) London Virgin Mini Marathon Trials
U13 to U17 Stourport Cycleway westmidsmimarathon@hotmail.co.uk or Rebecca Freeman
07384087834.

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www.WarwickshireCountyAA.co.uk**