

WARWICKSHIRE COUNTY AA

McCAIN WORLD CROSS COUNTRY TRIALS

incorporating

UK INTER COUNTIES & CROSS CHALLENGE FINAL

COFTON PARK SAT. 13TH MARCH 2010

SENIOR WOMEN.

Race report.

This race moved to Cofton Park because of costs, however it lost none of its appeal; Birmingham city did the race proud, as they did for the National cross country championships a few years ago. The course kept to the lower ground in order to simulate more the conditions to be found at the world cross country championships. Conditions were near perfect except for a sharp cold wind.

16 invitations were given out to finishers at the County Champs. in January and it took all of them to get 7 runners to the start line.

Laura Kenney, a previous winner 2 years ago was well to the fore and ran extremely well on legs heavy with training, but being a bit race rusty was slightly disappointed with 6th place.

Lucy Flanner, seems to have done this race since she was old enough and says she loves it, it shows because she was 2nd scorer today in 64th.

Eleanor Greenfield was a late recruit which was fortunate as she had a fine run to finish 98th.

Rebecca Smith was disappointed with her run but still did the county proud to finish 119th.

Clare Grice has the most hectic life style of anyone I know, and with restricted training still finished a creditable 136th.

Helen Finch stepped in literally at the last minute not feeling at her best, and a good job she did, she closed the scoring in 208th.

Celia Brown, after getting herself in a really good position was forced to pull out due to stomach pains.

There were 265 recorded finishers and obviously Warwickshire Women finished 10th again. From 27 complete teams. I think the scorers put us in at 10th and then add the others!

Eddie Cockayne,
Senior Women.