

Inter County Cross Country 2008 Under 15 Girls Team Report

The Under 15 Girls finished 32nd on the day. The team was made up of a mixture of first and second year Under 15's with three of the athletes having run in the U15 race last year and two of the runners stepping up into the next age group having competed in the Under 13 race in 2007.

This year there were only two withdrawals from the team and we were able to get a full team of eight athletes to the start line.

The Race

First home for the team was Emily Waugh in 105th place improving by over a minute and 20 places on her position in the 2007 race. Leading home the next 5 athletes who finished within 20 seconds of one another was Megan Clements in 146th position. Megan was closely followed by Laura Muth in 155th position. Both of these athletes ran in 2007 as part of the Under 13 girls team. Fourth and final counter home was Amy Johnson in 163rd position improving by 25 places and nearly 2 minutes on her performance in 2007. The team were given tremendous support by Sophie Gilbert in 167th place, who only found out she was running on the Thursday before the race! Lucy Routledge who ran more than a minute quicker than in 2007 and who finished in 179th place, Lucy Jennings, another last minute call up, finished in 242nd place and Amy Woodall who finished in 267 position.

Well done to all the athletes and I hope to see some of you at the 2009 race.

Thanks

Rebecca