

**UK INTERCOUNTIES XC CHAMPIONSHIPS**  
**SATURDAY 15<sup>TH</sup> MARCH 2008**  
**WOLLATON PARK NOTTINGHAM**  
**SENIOR WOMEN**

Warwickshire has a Ladies winner for the first time for as long as anyone could remember! Laura Kenney, judging her efforts to perfection, took the lead after about a third of the 8000m race and was never headed again; she won by 13seconds and gained a well earned spot in the world national XC team in Edinburgh on the 30th March... This victory also helped Warwickshire to 10<sup>th</sup> placed team its equal best team result for the last 8 years.

This year we used all fifteen entries to get the nine runners we are allowed to start. The course at Wollaton was superb as usual and the weather was as good as you could hope for. Excellent work by Ray Morgan and Becky Freeman meant everything went off smoothly.

**THE RACE,**

**Laura Kenney** was 1<sup>st</sup> in fine style and now has to make changes to warm weather training plans for the weekend of the world XC champs.

**Joanne Ritson** was next in 34<sup>th</sup> giving a fine performance on her debut for the county.

**Liz Crawford** was next in 93<sup>rd</sup>. seventeen places and nearly three min. quicker than last year.

**Monica Williamson** was twenty seconds behind her in 114<sup>th</sup> I'm not saying how old she is but I wouldn't mind betting there weren't any older runners in front of her...

**Myshola Kirkham** came next in 132<sup>nd</sup> thirty odd places better than last year and much happier.

**Helen Finch** won the battle of the twins to close the scoring in 144<sup>th</sup>. I now realise the best way to tell them apart is to put a race number on them.

Tremendous support was given by Sister **Joanne Finch** just eight sec. behind in 151<sup>st</sup>.

**Rebecca Freeman** who also managed two teams and finished 166<sup>th</sup>. **Lucy Flanner** who stepped in with three days notice to finish 196<sup>th</sup>.

Thanks to all the girls who competed.

Eddie Cockayne,

Senior women's Team Manager