

## Inter County Cross Country 2008 Report for Senior Men

The Senior Mens team finished 11<sup>th</sup> on the day with a team made up of a mixture of youth and experience. The 2008 team featured only one runner from the 2007 team which had finished 15th.

This year once again we were unable to get a full team of nine athletes out on the day but the eight athletes who did make it to the start line all ran well especially given the fact that some of them were only given a few days notice that they were competing!

### The Race

James Walsh was 6<sup>th</sup> showing the same form that won the Midland Championships earlier in the season. Next home was Matt Lole in 13<sup>th</sup> place showing a return to form following injury. Paul Andrew from Northbrook was third counter in 83<sup>rd</sup> place. Richard Harper – the only athlete who also ran in the 2007 team - improved by 70 places and nearly 5 minutes to finish just outside the top 100 in 105<sup>th</sup>. Next home was Stephen Emery in 159<sup>th</sup> quickly followed by Jamie Johnston in 167<sup>th</sup> who completed the scoring for Warwickshire. The six scoring athletes were given great support by two athletes who stepped in at the last minute following late withdrawals, Darren Riley, who nearly 20 years after he last competed in this event, finished 193<sup>rd</sup> and Steve Marshall, who was competing at Nottingham for the first time and finished 203<sup>rd</sup>.

Many congratulations and thanks to all the athletes who competed on the day.

Becky